

March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Children 5:00-5:50 Beginners 6:00 - 7:00 Aiki Explorations 7:00-8:00	2 Advanced 5:30 - 6:30 Karate 6:30 - 8:30	3
4 Beginners 1:00-2:00 Teen 2:00 - 3:00 Children 3:15-4:15	5 Capoera 6:00 - 7:00 Yoga 7:15-8:15	6 Children 5:00-5:50 Beginners 6:00 - 7:00 Weapons 7:00-8:00	7 Karate 6:00 - 8:00 Capoera 8:00 - 9:00	8 Children 5:00-5:50 Beginners 6:00 - 7:00 Aiki Explorations 7:00-8:00	9 Advanced 5:30 - 6:30 Karate 6:30 - 8:30	10
11 Beginners 1:00-2:00 Teen 2:00 - 3:00 Children 3:15-4:15	12 Capoera 6:00 - 7:00 Yoga 7:15-8:15	13 Children 5:00-5:50 Beginners 6:00 - 7:00 Weapons 7:00-8:00	14 Karate 6:00 - 8:00 Capoera 8:00 - 9:00	15 Children 5:00-5:50 Beginners 6:00 - 7:00 Aiki Explorations 7:00-8:00	16 Advanced 5:30 - 6:30 Karate 6:30 - 8:30	17
18 Beginners 1:00-2:00 Teen 2:00 - 3:00 Children 3:15-4:15	19 Capoera 6:00 - 7:00 Yoga 7:15-8:15	20 Children 5:00-5:50 Beginners 6:00 - 7:00 Weapons 7:00-8:00	21 Karate 6:00 - 8:00 Capoera 8:00 - 9:00	22 Children 5:00-5:50 Beginners 6:00 - 7:00 Aiki Explorations 7:00-8:00	23 Advanced 5:30 - 6:30 Karate 6:30 - 8:30	24
25 Beginners 1:00-2:00 Teen 2:00 - 3:00 Children 3:15-4:15	26 Capoera 6:00 - 7:00 Yoga 7:15-8:15	27 Children 5:00-5:50 Beginners 6:00 - 7:00 Weapons 7:00-8:00	28 Karate 6:00 - 8:00 Capoera 8:00 - 9:00	29 Children 5:00-5:50 Beginners 6:00 - 7:00 Aiki Explorations 7:00-8:00	30 Advanced 5:30 - 6:30 Karate 6:30 - 8:30	31
Notes:						
Classes in RED are Rising Sun Aikido classes.						